

SHARING THE MUSIC

Song Leader Training with Susie Ro Prater

Everyone welcome, no experience or music theory needed!

DATES

- ✦ SATURDAY 9TH NOVEMBER 2024 | Online Welcome | 4.00-5.30pm
- ✦ THURSDAY 21ST - SUNDAY 24TH NOVEMBER 2024 | 3 Night Residential | Totnes, Devon, UK
- ✦ SATURDAY 4TH JANUARY 2025 | Online Follow Up 1 | 4.00-5.30pm
- ✦ SATURDAY 8TH MARCH 2025 | Online Follow Up 2 | 4.00-5.30pm
- ✦ SATURDAY 10TH MAY 2025 | Online Follow Up 3 | | 4.00-5.30pm

WHAT'S INCLUDED

- ✦ 3 night residential training (including audio recordings)
- ✦ 4 x 1.5 hour online sessions (including video & audio recordings)
- ✦ Sharing the Music training notes
- ✦ Sharing the Music start up CD pack (Audio files for 12 easy harmony songs and their parts)
- ✦ Participant community group (not Facebook)
- ✦ 20% discount on Susie's 'Until the World is Singing' songbook
- ✦ 20% discount on Nick Prater songbooks & CDs
- ✦ 50% discount on 'The Living Instrument' eCourse

COST & PAYMENT

£595 | Includes all training and residential accommodation (additional room tier & single supplements may apply) and food.

A deposit of £200 is required to secure your place for this training and you will receive payment details once you have completed your booking form. Your place is not secured until your deposit has been received.

The balance will be due by 12TH OCTOBER 2024.

TRAINING FORMAT

ONLINE WELCOME

This session is an opportunity for the group to meet each other, introduce themselves, share some of their goals for the training and ask any questions. It is also a chance for those who have never worked with Susie to meet her. This session will allow us to dive straight in at the residential.

3 NIGHT RESIDENTIAL

This will be the core part of the training, where Susie will guide you through the many aspects of becoming a song leader. It will be an embodied, fun, deep and experiential 3 days, with the opportunity to really put everything learnt together into practice. It will also be a chance to build

connections with those who you will continue to journey with via the online follow up sessions and community group.

There will be audio recordings of all the main sessions and comprehensive notes sent after the residential, to allow for as fully immersive experience as possible (if taking notes helps you learn, that's fine too).

Sharing Songs

During the residential everyone will have the chance to teach one or two short and simple songs/warm ups to the main group and/or in a smaller break out group. This is a great opportunity to put into practice the things that you've learnt, learn from each other and get valuable and constructive feedback.

If you would like to share, please have something prepared, which can be a simple song, round or harmony song or any kind of warm up – anything that is quick to teach. It will be a safe and encouraging space, so if you are new to leading please don't panic about this, you can find lots of rounds/simple songs on the internet or just choose a couple of lines from any song you know. Anything that you bring will be very welcome.

ONLINE FOLLOW UP SESSIONS

These 3 follow up sessions (2, 4 & 6 months after the residential), will be an opportunity to come together again, ask questions and share progress and goals. Susie will be touching on additional elements of song leading, such as introducing instruments and leading song online and there will be a chance to share a short song in break out groups to explore how that feels.

These will also be an opportunity to deepen your connection with each other and strengthen the web of community you will be building throughout the training, so you can continue to lean into and support each other as you move forward in your song leader journey.

COMMUNITY GROUP

The community group will be an exciting part of the training. It will be a space to connect with Susie and your fellow participants, ask questions, share resources and support and encourage each other over the 6 months of follow up time. There will also be an optional 'buddy' system in place, to help you get to know each other a bit better and be supported to reach your goals.

RESIDENTIAL VENUE

Sharpham House, Ashprington, Totnes, Devon, TQ9 7UT, UK

Arrivals: Thursday 21st November 2024 | FROM 4pm

Departures: Sunday 24th November 2024 | BY midday

This beautiful historic house is positioned within a designated Area of Outstanding Natural Beauty, close to nature and amid breath-taking scenery high above the River Dart.

They offer delicious, home cooked, seasonal vegetarian food, sourced whenever possible from their organic kitchen garden and local food suppliers. They can cater for the following dietary requirements: vegan, dairy-free, diabetic, wheat/gluten-free, coeliac, no alliums and no nightshades. Any other medical dietary needs would need to be discussed with Sharpham before booking, as they may not be able to accommodate them.

BUILDING COMMUNITY - HELPING OUT DURING YOUR STAY

During your stay at Sharpham you will be invited to engage in building a spirit of community, generosity and co-operation with your fellow participants and staff by giving support following meals (wiping down tables, washing up, drying and putting away) and by stripping and remaking your bed on the final morning. Meal tasks will be done on a rota with several of your fellow participants and will be supervised by one of the Sharpham team. Singing welcome!

WIFI & MOBILE SIGNAL

Due to location and the thickness of the walls in the house, there is limited Wi-Fi and mobile phone coverage at Sharpham, which is an ideal opportunity to switch off and be fully present. If someone needs to contact you urgently then please ask them to call 01803 732583 leaving a message if there is no reply. Please be assured this number will be checked regularly during your stay, allowing you the chance to relax into the training.

GETTING TO SHARPHAM HOUSE

Car

Sharpham Estate is three miles outside of Totnes, on the edge of Ashprington village. Driving directions will be sent nearer the time.

Train

Frequent direct trains run from London, Birmingham, and the North. The journey time by train is less than three hours from London Paddington via [GWR](#) and under four hours from London Waterloo. Find train times and buy tickets from [Trainline](#) (tickets are released 12 weeks in advance).

Trains to Totnes are on the Exeter, Plymouth and Penzance lines. Totnes railway station is a 5-10 minute walk from the town.

Coach

The journey time by [National Express](#) coach is just over six hours from London, (Victoria Coach Station, Departures Hall) and the route travels via Heathrow Airport, (Central Bus Station).

The coach is the 501 - Route Exeter, Torbay to Heathrow Airport and London.

Flying

The closest airports to Totnes are:

Exeter Airport (1 hour away) | Bristol Airport (2 hours away) | Heathrow Airport (3.5 hours away)

ACCOMODATION

There are three tiers of accommodation available, with both shared and single options available in each. You can make your own hot drinks in each room, and towels are provided.

Because Sharpham House is a Grade 1-listed mansion (with limits to the changes they are allowed to make to the building), few bedrooms come with an en-suite bathroom and toilet. There are shared bathrooms on every floor.

You can select your room preference on the booking form and rooms will be allocated on a first come first served basis.

STANDARD ROOMS



£595 (shared twin/double room)
£625 (single occupancy room)

These are smaller rooms but still cosy and comfy.

PREMIUM ROOMS



£615 (shared twin/double room)
£645 (single occupancy room)

These attractive rooms have good views of the stunning countryside

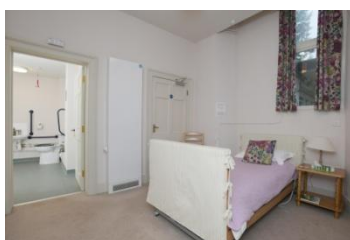
HERITAGE ROOMS



£635 (shared twin/double room)
£665 (single occupancy room)

These larger, historic rooms have beautiful views of the surrounding grounds and parkland. Some, not all, are en-suite.

ACCESSIBLE ROOM



£595 (Please only book this room if you have a genuine access need)

An accessible ground-floor single room, located close to the lift, with an accessible en-suite bathroom and bed.

You can find more details about accessibility at Sharpham House [here](#).

NON RESIDENTIAL

For those living nearby, there is a non residential option for £525, which includes lunches and dinners.

WHAT TO BRING

- ✦ Pen and notepad
- ✦ Water bottle
- ✦ Slippers/indoor shoes (there are no outdoor shoes allowed in some of the inside spaces)
- ✦ Layers of clothes for the workshop space (we will be keeping the windows open as much as possible but it can also get very warm, so layers are best)
- ✦ Weather permitting, we may do some singing outside, so bring warm clothes in case it's chilly
- ✦ If you fancy a stroll in the beautiful grounds, please bring suitable footwear

Susie will be recording all of the main group sessions, but you are more than welcome to bring your own recorder as well, which can be handy for capturing break out group content and all sorts of wonders!

TOTNES

Totnes is a fascinating historical town which combines stunning countryside with independent shopping, local food and drink and interesting attractions. Located in the heart of South Devon on the banks of the River Dart, it is a unique and charming town that has an international reputation for its lively and diverse community and relaxed atmosphere.

If you would like to extend your stay before or after the training at Sharpham House, you will find plenty of independent accommodation available in Totnes.

CANCELLATION POLICY & T&Cs

61+ days from the training start date: Fully Refundable, free cancellation.

31-60 days from the training start date: There is no refund for the £200 deposit at this stage.

0-30 days from the training start date: Any money paid at this stage is non-refundable.

Get in touch as soon as possible if you need to cancel and we will do our best to re-sell your place. If this is possible, we will be more than happy to give you a refund, minus a £50 admin fee.

If we need to cancel (this would only happen under exceptional circumstances) we will notify you as soon as possible and will refund you any money you have paid. We cannot be held liable for any expenses which you may have incurred, such as travel, hotels or exchange rate losses.

All participants must take full responsibility for themselves and accept the potential health risks associated with coming together as a group. For the protection of the venue staff and other participants, we ask you not to attend the residential if you have an infectious illness.

Life can be unpredictable, so we strongly recommend you take out insurance to protect against illness, travel disruption and unforeseeable circumstances which may prevent you from attending the training.

BOOK NOW

We hope these notes have answered any questions you may have, but do contact Sharon if you need any other information: info@susiero.com.